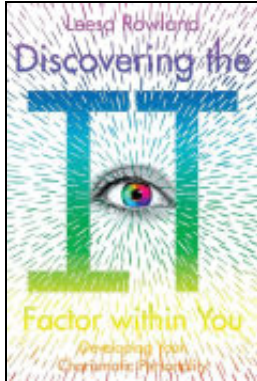


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## Discovering the IT Factor within You

Developing Your Charismatic Personality

LEESA ROWLAND

Kismet Publishing

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Self Help / Inspirational

*Reviewed by Laura Hinds*

Leesa Rowland offers unique insights into the art of charisma. As an actress she's had many opportunities to meet charismatic figures and to study what makes them tick.

This is an interesting self-help book with lessons ranging from the basic “What is Charisma” to more complex and thought-provoking chapters on “Tools and Techniques for Developing Charisma,” and “The Relationship Between Karma and Charisma.”

I found myself learning something new, or remembering something I'd forgotten in each chapter. I didn't devour the book in one or two sittings, but took the time to examine a bit at a time and let the information sit in my mind and spirit.

This is an easy to read and understand book, it is well-written, and pleasantly gentle in its teachings. I highly recommend *Discovering the IT Factor within You* to everyone who is searching for a more meaningful way of connecting with others – human beings and also with animals.

### **Author Bio:**

Leesa, the daughter of an artist and a college professor, grew up in Austin, Texas. She studied broadcast journalism at Texas Tech and acting at the Stella Adler Studio in Los Angeles, CA. Leesa has a vast cult following for her role as Victoria in Troma Entertainment's Class of Nuke 'Em High Parts 2 and 3 and also appeared in Return To Nuke 'Em High. She acted in Troma's television series Troma's Edge along with Lloyd Kaufman and Debbie Rochon. She co-starred in Travis Campbell's Slaughter Daughter as Phyllis Adjani as an eccentric mother who drives her daughter to insanity. The movie won best feature film at Orlando's 7th Annual Freak Show Film Festival. Leesa co-starred in a web series called Two City Girls with fellow Troma actress Lisa Gaye and also appeared on Oxygen's Jersey Couture. Leesa's biggest passion in life is animal advocacy and she has been a vegan most of her life. She has been active with national non-profit organization Last Chance for Animals since 1989 and is the founder and president of the New York non-profit group Animal Ashram.

*Reviewed 2015*

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